**Adults\***

Most of the adult participants in PALMA are motivated to learn English out of necessity. They live in a world that requires them to speak and understand the language competently. Mentoring adults can be very challenging, but becoming comfortable with your students learning to prepare for your lessons will prevent you from feeling lost or overwhelmed. As you become familiar with your student's English abilities and learning style, you will develop your own ideas about how to best spend your sessions. Some ideas for teaching adults include:

1. Using online ESL resources (worksheets and grammar lessons) to help teach the mechanics of the English language
2. Asking your student to write a letter to fully engage them in the creation of complete thoughts and talking about areas that need improvement
3. Reading newspaper/magazine articles or books together and discussing the content
4. Using a tape recorder to record the student speaking and discussing issues of pronunciation, vocabulary, and grammar
5. Preparing vocabulary lists of words that are necessary in the student's daily life and using the words in sentences in the sessions (these lists could include vocabulary surrounding the bank, a restaurant, the doctor's office, the home, or the student's profession)
6. Working together with other mentor/participant pairs. This is a great way to build community among the participants in PALMA and encourages students to learn from and teach each other.
7. Talking! Having a genuine conversation is the best way to engage your student in the language that they will use daily. This will also help them to build confidence with the use of English.
\*from the PALMA Handbook: http://sitemaker.umich.edu/palma/files/palma_handbook__09.pdf

**On-line Resources:**
**Eslgold.com:**
Offers a variety of resources for both the participant and tutor. Materials are divided by level and skill which makes for easy access. Find everything from vocabulary lists to short readings.

**mes-english.com**
Perfect site for beginning students. This is a great resource if you are interested in making flashcards to learn vocabulary.

**eslhq.com**
great site for beginning students. By simply registering with the site you are able to print flashcards, worksheets, games, and even create your own worksheets.

**Short Stories: http://www.eslmonkeys.com/student/storyroom/storylist.php?cat=short%20story**
Great for beginning to intermediate students. Find a number of short stories according to age and proficiency level.

**Irregular verbs:**
**http://www2.gsu.edu/~wwwesl/egw/verbs.htm**

**Grammar:**
**http://web2.uvcs.uvic.ca/elc/studyzone/330/grammar/index.htm**

**Rules for Using the Principal Parts of the Verb:**
**http://www2.gsu.edu/~wwwesl/egw/rules.htm**