

# Help with Health Care

Mid-Michigan

When you are no  
longer covered by an  
employer's plan.



Greater Detroit Area



Health Council, INC.

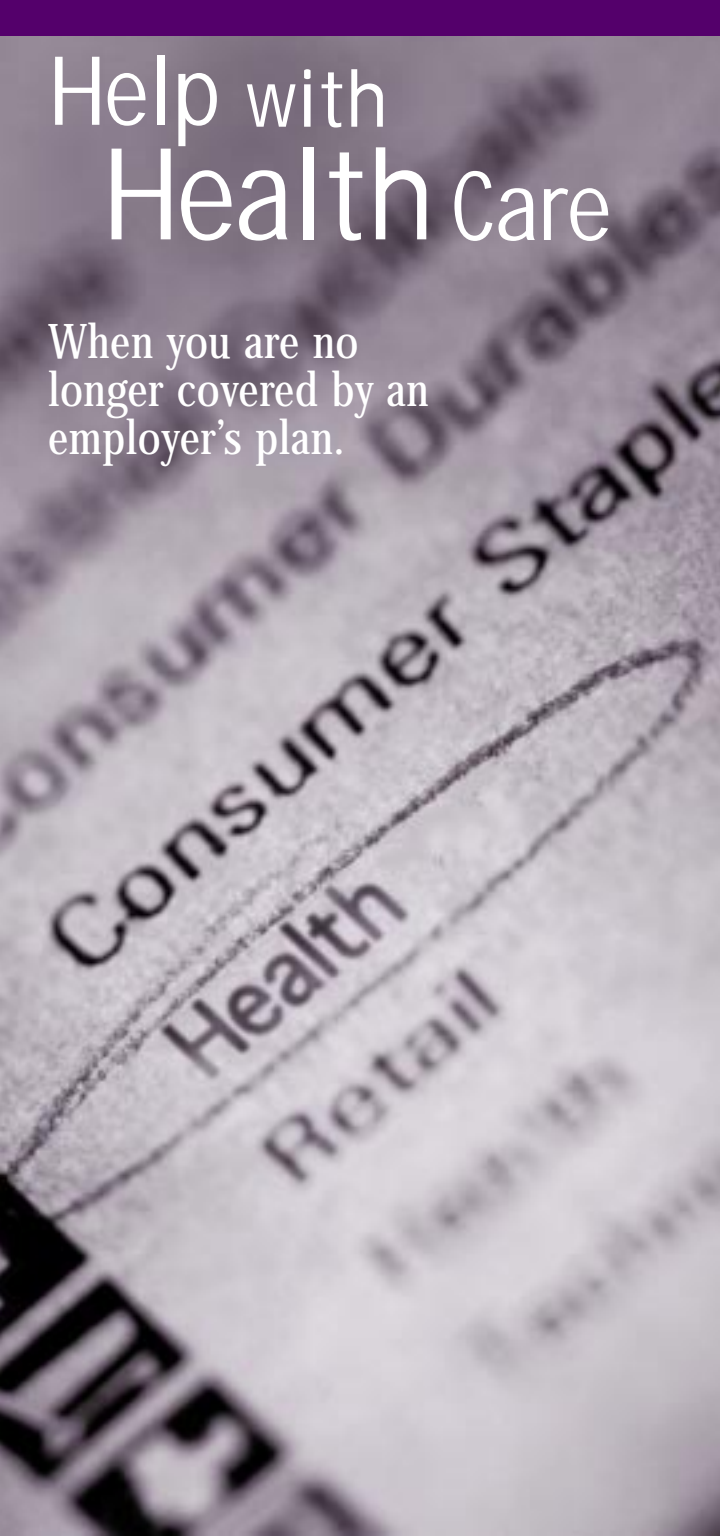


Blue Cross  
Blue Shield  
Blue Care Network  
of Michigan

Nonprofit corporations and independent licensees  
of the Blue Cross and Blue Shield Association

# Help with Health Care

When you are no longer covered by an employer's plan.



## Healthy Kids/Pregnant Women

A comprehensive health plan for children under age 19 and pregnant women. There are no payments required, however there are some income criteria.

(888) 988-6300

## MIChild/Pregnant Women

Provides basic health coverage and preventive services to uninsured Michigan children and pregnant women who do not qualify for Medicaid for \$5.00 per month.

(800) 543-7765

## Medicaid

The State of Michigan provides medical assistance through Medicaid and the State Medical Program (SMP). To qualify you must meet eligibility standards related to income, family size, and other criteria. Contact your local health department or Family Independence Agency (FIA) to determine your eligibility.

### **Arenac County FIA**

(989) 846-4551

### **Bay County FIA**

(989) 895-2100

### **Clare County FIA**

(989) 539-4260

### **Clinton County FIA**

(989) 224-5500

### **Eaton County FIA**

(517) 543-0860

### **Gladwin County FIA**

(989) 426-3300

### **Gratiot County FIA**

(989) 875-5181

### **Huron County FIA**

(989) 269-9201

### **Ingham County FIA**

(517) 887-9400

### **Ionia County FIA**

(616) 527-5200

Help with  
Health Care

(Medicaid, continued)

**Isabella County FIA**

(989) 772-8400

**Lake County FIA**

(989) 772-8400

**Mason County FIA**

(231) 845-7391

**Mecosta County FIA**

(231) 796-4300

**Midland County FIA**

(989) 839-1100

**Montcalm County FIA**

(989) 831-8400

**Newaygo County FIA**

(231) 689-5500

**Oceana County FIA**

(231) 873-7251

**Saginaw County FIA**

(989) 758-1500

**Sanilac County FIA**

(810) 648-4420

**Tuscola County FIA**

(810) 648-4420

## **Veterans Health Care**

Provides comprehensive medical services to all military veterans who have served in the United States Armed Forces. The services are either free or require a small co-payment.

(800) 827-1000

## **Ingham Health Plan (IHP)/IHP-Kids**

IHP is a community-sponsored program that helps uninsured people get health care services. It is available to Ingham County residents who are eligible for State Medical Program (SMP) and other low-income uninsured people who cannot get coverage under Medicaid, Medicare, or other programs.

(517) 887-4465

## Midland Health Plan

Midland Health Plan is a community-sponsored program that helps uninsured people get health care services. It is available to Midland County residents who are eligible for State Medical Program (SMP) and other low-income uninsured people who cannot get coverage under Medicaid, Medicare, or other programs.  
(989) 832-6686 or (989) 832-6673

## Maternal and Infant Health Advocacy Services

Provides referrals to agencies that assist pregnant women with health insurance, prenatal care, and agencies that provide assistance for women with young children. Please contact your local health department for more information

## Local Health Departments

They offer a variety of free or low-cost health and social services to residents of their area. These services may include well-child clinics, prenatal care, breast and cervical cancer screening, family planning, immunizations and other related programs. Services and eligibility vary from county to county and in some cases appointments are necessary.

**Arenac County Health Department**  
(517) 772-8147

**Bay County Health Department**  
(517) 895-4001

**Clare County Health Department**  
(517) 772-8147

**Clinton County Health Department**  
(517) 831-5237

**Eaton County Health Department**  
(517) 485-7110/11

**Gladwin County Health Department**  
(517) 772-8147

**Gratiot County Health Department**  
(517) 831-5237

**Huron County Health Department**  
(517) 269-9721

## **(Local Health Departments, continued)**

### **Ingham County Health Department**

(517) 887-4300

### **Ionia County Health Department**

616) 527-5341

### **Isabella County Health Department**

(517) 772-8147

### **Lake County Health Department**

(231) 775-9942

### **Mason County Health Department**

(231) 775-9942

### **Mecosta County Health Department**

(231) 775-9942

### **Midland County Health Department**

(517) 832-6380

### **Montcalm County Health Department**

(517) 831-5237

### **Newaygo County Health Department**

(231) 775-9942

### **Oceana County Health Department**

(231) 873-2193

### **Saginaw County Health Department**

(517) 758-3800

### **Sanilac County Health Department**

(810) 648-4098

### **Tuscola County Health Department**

(517) 673-8114

## **Planned Parenthood**

- Provides reproductive health care including annual exams, pregnancy testing, and sterilization to women and men.
- Fees are based on a sliding scale.
- There are 26 clinics throughout Michigan.
- Call (800) 230-PLAN to be connected to the clinic nearest you.



## United Way Supported Information and Referral Services

United Way organizations provide information and referral for a variety of health care programs including programs that assist those who cannot pay for prescription medication. There are a number of these programs offered by pharmaceutical companies. For information and referral call your local United Way supported information service.

**Tel-Help of United Way Community Services**  
(800) 887-1107

## Medical Societies

If you do not have your own physician, your local medical or osteopathic society will provide you with names of physicians in your area.

**Bay County Medical Society**  
(517) 894-3795

**Ingham County Medical Society**  
(517) 336-9019

**Midland County Medical Society**  
(517) 631-6030

**Saginaw County Medical Society**  
(517) 790-3590

**Michigan Association of Osteopathic Physicians and Surgeons, Inc.**  
(Will make referrals for any county located in Michigan.)  
(517) 347-1555 or (800) 657-1556

## Prescriptions

**Capital Area Prescription Program**  
Ingham County Health Department  
Registration and Enrollment Unit  
5303 South Cedar Street  
Lansing, MI 48911  
(517) 887-4300

- Open to Ingham, Clinton, and Eaton County seniors age 60 and over who do not have prescription coverage
- Discounts of 15-40% are available and participation is free



## **Elder Prescription Insurance Coverage (EPIC)**

EPIC is a state program to help low-income senior Michigan residents access prescription drugs. Eligibility requirements include: age 65 or over, not currently receiving Medicaid benefits or private prescription drug insurance, not institutionalized, and a resident of Michigan for at least three months. EPIC will cover most prescription drugs plus insulin, needles, and syringes for diabetics. Seniors can receive information and application materials at the following agencies:

General information: (517) 241-3424

### **Arenac County**

Arenac County Council on Aging  
(989) 653-2692

### **Bay County**

Bay County Division on Aging  
(989) 895-4100

### **Clare County**

Council on Aging for Clare County  
(800) 952-3160

### **Clinton County**

Clinton County Senior Citizens  
(989) 224-7998

### **Eaton County**

Eaton County Senior Center  
(517) 543-6075

### **Gladwin County**

Council on Aging for Gladwin County  
(989) 426-2261

### **Gratiot County**

Gratiot County Commission on Aging  
(989) 875-5246

### **Huron County**

Bad Axe Senior Center  
(906) 482-5528

### **Ingham County**

Ingham County Senior Citizens Office  
(517) 676-1081

(Prescriptions, continued)

Tri-County Office on Aging  
(517) 887-1440

**Ionia County**

Ionia County Council on Aging  
(616) 527-5365

**Isabella County**

Isabella County Commission on Aging  
(989) 772-0748

**Lake County**

Lake County Senior Services  
(231) 745-2401

**Mason County**

Ludington Area Senior Center  
(231) 845-6841

Scottville Area Senior Center  
(231) 757-4705

**Mecosta County**

(231) 972-2884

**Midland County**

Midland County Council on Aging  
(989) 835-3041

**Montcalm County**

Montcalm County Council on Aging  
(989) 831-7476

**Newaygo County**

Newaygo County Council on Aging  
(231) 689-2100

**Oceana County**

Oceana County Council on Aging  
(231) 873-4461

**Saginaw County**

Saginaw County Commission on Aging  
(989) 797-6880

**Sanilac County**

Human Development Commission  
(810) 648-4497



**Tuscola County**

Human Development Commission

(989) 673-4121

**LillyAnswers**

(877) RX-LILLY

- A flat \$12 administrative fee for a 30-day supply of any Lilly retail distributed drugs
- Open to Medicare enrolled seniors and people with disabilities without any other prescription coverage that meet income guidelines

**Pfizer ShareCard**

(800) 717-6005

- \$15 Pfizer prescriptions if you are enrolled in Medicare, have no prescription drug coverage and you meet income requirements

**Prescription Drug and Patient Assistance Programs**

To make it easier for physicians to identify prescription programs available for needy patients, member companies of the Pharmaceutical Research and Manufacturers of America (PhRMA) created a directory listing programs that provide drugs to physicians whose patients could not otherwise afford them. The programs are listed alphabetically by company. Under the entry for each program is information about how to make a request for assistance, what medications are covered and basic eligibility criteria.

[www.phrma.org](http://www.phrma.org) or [www.needymeds.org](http://www.needymeds.org)

(202) 835-3400

## Other Prescription Programs

**Hemophilia Foundation of Michigan**

117 North First Street, Suite 40

Ann Arbor, MI 48104

(734) 761-2535 or (800) 482-3041

- Will help cover medications for adults and children who have Hemophilia

**Michigan Lupus Foundation**

26507 Harper Avenue

St. Clair Shores, MI 48081

(810) 775-8310

### (Other Prescription Programs, continued)

- Provides one-time, emergency assistance for people diagnosed with Lupus

#### **Michigan Parkinson Foundation**

30161 Southfield Road

Southfield, MI 48076

(248) 433-1011 or (800) 852-9781

#### **Myasthenia Gravis Association**

17117 W. Nine Mile Road

Southfield, MI 48075

(248) 423-9700

- Provides mail order medication for the drugs Mestinon and Prednisone for persons with diagnosis of Myasthenia Gravis

#### **National Kidney Foundation**

2350 South Huron Parkway

Ann Arbor, MI 48104

(800) 482-1455

- Clients must be pre-dialysis, transplant or diagnosed with kidney disease to be eligible for medication

## **Free or Low-Cost Clinics**

The following is a list of community based sources for obtaining free or reduced cost medical assistance. These resources can provide immediate assistance to eligible clients in need. Since funding availability to these agencies can change greatly, services can vary by the month. It is always important to call first.

#### **Gateway Community Services Health Clinic**

1. 910 Abbott Rd., Suite 100

Lansing, MI 48823

(517) 351-4000

2. Spartan Village Apartments

1512 Spartan Village

Apt # 1434-C

East Lansing, MI 48823

- Treatment of non-chronic illness, injuries, physical exams for all ages, pregnancy and STD testing
- Services are available to the uninsured and underinsured

**Cristo Rey Family Health Clinic**

1717 North High Street

Lansing, MI 48906

(517) 371-1700

- Adult and pediatric medical services, OB/GYN, mental health counseling, and migrant clinic
- Free and sliding scale services

**Ingham Community Health Center**

330 Martin Luther King Blvd.

Lansing, MI 48915

(517) 482-1123

- Primary and Prenatal care.

**Neighborhood Clinic**

407 West Wackerly St., Suite 4

Midland, MI 48640

(989) 631-5721

- Outpatient care for chronic illnesses, well-child care, care for the elderly, complete physicals and women's health services
- Sliding scale fees

**Sterling Area Health Center**

725 Area Health Center

Sterling, MI 48659

(989) 654-2491

- General medical care
- Sliding fee schedule for low income clients

## School-Based/School-Linked Health Centers

School-based/linked health centers provide a variety of services. These services can include: health screenings, immunizations, treatment of minor injuries, medical exams, and lab services. Call your local clinic to find out what services they provide.

**Ingham County**

C. W. Otto Middle School

(517) 484-2352

Willow Plaza Services

(517) 484-9292



**Lake County**

Baldwin Community Middle/High Schools

(616) 745-3920

## Mental Health Services

The community mental health (CMH) boards in each county offer assistance to persons with developmental disabilities and to persons with emotional or psychiatric disorders. Payment for services is based on each person's ability to pay. The boards should be contacted to determine what mental health services they provide.

**Arenac County CMH**

(989) 895-2347

**Bay County CMH**

(989) 895-2347

**Clare County CMH**

(989) 773-6961

**Clinton County CMH**

(517) 346-8200

**Eaton County CMH**

(517) 346-8200

**Gladwin County CMH**

(989) 773-6961

**Gratiot County CMH**

(989) 463-4971

**Huron County CMH**

(989) 269-9293

**Ingham County CMH**

(517) 346-8200

**Ionia County CMH**

(616) 761-3151

**Isabella County CMH**

(989) 773-6961

**Lake County CMH**

(231) 845-6294

**Mason County CMH**

(231) 845-6294



**Mecosta County CMH**

(989) 773-6961

**Midland County CMH**

(989) 773-6961

**Montcalm County CMH**

(989) 831-7520

**Newaygo County CMH**

(231) 689-7330

**Oceana County CMH**

(231) 845-6294

**Saginaw County CMH**

(989) 797-3400

**Sanilac County CMH**

(810) 648-0330

**Tuscola County CMH**

(989) 673-6191

**Cristo Rey Family Health Clinic**

1717 North High Street

Lansing, MI 48906

(517) 371-1700

- Adult and pediatric medical services, ob/gyn, pharmacy, mental health counseling, and migrant clinic
- Free and sliding scale services

**Michigan Department of Public Health Center for Substance Abuse Services—Access, Assessment, and Referral (AAR)**

These agencies, located throughout the state, refer individuals in need of substance abuse treatment to an appropriate residential or outpatient program. Substance abusers who also need specialized services such as perinatal care or those who are high risk for diseases such as HIV/AIDS or tuberculosis are referred for additional support services. For more information, call the AAR agency in your area.

**Arenac County**

(800) 686-0749

**Bay County**

(888) 466-3141

**Clare County**

(800) 686-0749

**Clinton County**

(800) 342-0349

**Eaton County**

(800) 342-0349

**Gladwin County**

(800) 686-0749

**Gratiot County**

(800) 342-0349

**Huron County**

(800) 237-0870

**Ingham County**

(800) 342-0349

**Ionia County**

(616) 336-3909

**Isabella County**

(800) 686-0749

**Lake County**

(800) 686-0749

**Mason County**

(800) 686-0749

**Mecosta County**

(800) 686-0749

**Midland County**

(800) 686-0749

**Montcalm County**

(616) 336-3909

**Newaygo County**

(616) 336-3909

**Oceana County**

(800) 686-0749

**Saginaw County**

(888) 466-3141

**Sanilac County**

(800) 237-0870

**Tuscola County**

(800) 237-0870

## Dental and Vision Services

**Dental Demonstration Project**

2479 Woodlake Circle, Suite 300

Okemos, MI 48864

(888) 826-6565

- Provides reimbursement for preventive and restorative dental services through participating providers
- Eligibility limited to: HIV+, applied to Medicaid, 200% below federal poverty guidelines, and Michigan resident

**Ferris State University Dental Program**

420 Oak Street

Big Rapids, MI 49307

(231) 591-2272

- Low fee dental services.

**Lansing Community College**

419 W. Washington Square

Lansing, MI 48901

(517) 843-1458

- Discounted dental care
- Teeth cleaning, call for hours and fees

## Special Programs

### **AIDS Hotline**

(800) 872-AIDS (872-2437), (734) 727-7124

(800) 750-TEEN (750-8336)

### **Children's Leukemia Foundation**

29777 Telegraph Road, Suite 1651

Southfield, MI 48034

(248) 353-8222

### **Poison Control**

(800) 764-7661

### **Michigan Department of Community Health Breast and Cervical Cancer Screening**

(800) 922-6266

- Free screenings for women over 40 years of age who are low to moderate income and belong to an HMO



**The Greater Detroit Area Health Council, Inc.**  
is a community service coalition of  
more than 100 organizations dedicated  
to ensure that all residents of Southeast Michigan  
have access to high-quality, affordable health care.



333 W. Fort Street  
Suite 1500  
Detroit, Michigan 48226  
Phone: (313) 963-4990



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**United Way**

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